

# ALANA MANSOUR

Born	23/08/2003	Height	164cm
Eyes	Brown	Chest	80cm
Hair	Brown	Waist	64cm
Skin	Olive	Hips	73cm
Build	Petite	Shoe size	7
Voice	C3, B to C5,D	Clothes size	8 Adults



## Previous Experience

- 2023 **'Alice'** in **Erotic Stories** tv series (SBS)
- 2023 Featured dancer in 'Horizon' music video "Co-ordinate"
- 2023 Featured dancer in the 'Brothers' music video "Gheebo"
- 2023 Performed in the NRL opener at CommBank Stadium
- 2023 Cast of 'Mood Swings' dance show choreographed by Jervis Livelo
- 2023 Entertainment dancer for La Femme Creatif alongside 'Sunset bros', 'Ben Nicky', 'Topic'
- 2023 Dance Adjudicated PSSA dance competition
- 2022 DanceForce Australian / New Zealand Tour
  
- 2021 **'Rayan'** in **'Hardball'** tv series (ABC)
- 2020 Danced in 'Inferno's' full clip
- 2019 Ready Set Dance Crew member (Nick JR)
- 2018 **'Hadeel'** in **'On The Ropes'** tv mini series (SBS)
- 2017/18 Dream Dance Creative member
- 2018 1<sup>st</sup> Place Kids Express 14U Duo
- 2018 2<sup>nd</sup> Place Moon Dance 14U Solo
- 2017 Disney with Doll House as special guest appearance 2017 Woolworths Commercial.

2017 **Ziegler Girls** Australian Tour as their back up dancer  
 2016 Bloch Xmas Photo shoot & Interview. 2016 Nickelodeon  
 Nintendo Commercial. 2016 Nickelodeon Promo Commercial  
 2016 Nickelodeon Zootopia Promo. 2016 2 x Bloch  
 Photo shoot in 2016. 2016 Dance Life Nationals 2<sup>nd</sup> place  
 2016 Australian Dance Festival  
 Project Dance Opening  
 2016 Australasian Dance Association  
 1<sup>st</sup> Solo, 1<sup>st</sup> Jazz and 2<sup>nd</sup> Tap 2015  
 Nickelodeon Voice over work.  
 2015 HHI World HipHop Championship  
 Only group to make semi-finals from  
 Australia Placed 16<sup>th</sup> in the world.  
 2015 1<sup>st</sup> Place Kids Express U/12 Solo  
 2015 2<sup>nd</sup> Place Kids Express U/12 Duo  
 2014 Winner Glenda Yee Dazzle award And  
 Scholarship for 2015.  
 2014 Bloch Dance wear catalogue  
 2014 1<sup>st</sup> Place Kids Express U/12 solo  
 2014 Dance Life Nationals 3<sup>rd</sup> place  
 2014 Dance Awards day 1<sup>st</sup> Jazz 1<sup>st</sup> Ballet  
 2014 Star Search Junior Winner (Dance)  
 2014 Modelling (Westfields Autumn &  
 Spring Collection)  
 2013 "**Camp**" Matchbox Productions  
 (American Accent)  
 2013 "**Ubank**" Commercial  
 2013 Disney Junior Fox shoot  
**'Sofia the First'** (I was Brave)  
 2013 Project Dance Show Case  
 2012 South Pacific Championship  
 1<sup>st</sup> Place Jazz  
 3<sup>rd</sup> Place Tap  
 2012 Main Member Cheek2Cheeky group  
  
 2010/2011 **Fox Steven Spielberg's "Terra Nova"** Main cast member  
 as **Zoe Shannon**. (American Accent)  
  
 2011 Toasted TV channel ten  
 2010 Hong Kong, China, Macau dance tour  
 2009 Cooking for kids with Lindsay (Foxtel/Australia)  
 2009 Fashion Parade (Frocks on the Rocks/Sydney)

2009 Promotional Work 2005-2017  
Glenda Yee performances

## Training

2022 Dance Force Fulltime  
2005-2021 Glenda Yee School of Dance/Performing Arts  
2014 Jeep Management/Workshops  
2013 Christine King Casting Workshop  
2012/13/14 Project Dance Workshops (camera / modelling / dance  
drama and auditions)  
2012-present Drama training Fiona Campbell  
2011-2017 Rex Harris Vocal training  
2008-2011 Claire and Co. Vocal training  
2008-2014 Westfield Sports Gymnastics / Acro  
2009 Electric Safari Workshops. Modelling

## Skills and Hobbies

Alana has trained in Tap, Jazz, Classical Ballet, Contemporary, Hip Hop, Funk, Urban, Modern, Lyrical, Drama, Acrobatics/Gymnastics, Musical Theatre and has had training in modelling. She also trains in Private and Group Singing. She loves to dance, Act, perform and sing. Alana has actively participates in performing arts workshops and thrives on any challenge that might come her way.